



Travel Meal Menu

All meals can be frozen and double wrapped for **MICROWAVE** or **OVEN** use, sealed with Kosher tape and labeled with contents and heating instructions. **REQUIRES 4 DAYS NOTICE.**
(We do not pack meals on Thursday/Friday).

PLACING YOUR ORDER(S) IS SIMPLE AND EASY:

1. Choose your menu from the list below
2. E-mail us your choices in the following format:

Meat Meals:

Note: Meal prices include 2 side dishes, unless marked otherwise

| | | | | | | |
|-----|--|-----------|--|--------|--|--------|
| QTY | | MAIN DISH | | SIDE 1 | | SIDE 2 |
| QTY | | MAIN DISH | | SIDE 1 | | SIDE 2 |

Daily Meals & Soups

Note: These items are sold individually; side dishes are not available for these dishes

| | | |
|-----|--|------|
| QTY | | ITEM |
| QTY | | ITEM |

3. Along with your order, please e-mail us the following information:

- Full Name & Phone Number
- Date order is to be picked up or delivered
- Method of delivery: pick-up, local delivery (Brooklyn/Manhattan) or FedEx domestic shipping.
- Packaged for heating in a microwave or oven? (we only have one oven)
- Insulated box with ice packs (\$15 fee)
- Airline/FedEx ready \$25 per box (includes plastic wrap, icebox, and ice packs)
- Credit card number, expiration, security code
- Billing Address for credit card

All orders need to be placed by 2pm on the following deadlines

| Order Placed | Earliest Pickup |
|--------------|-----------------|
| Sunday | Wednesday |
| Monday | Thursday |
| Tuesday | Friday |
| Wednesday | Monday |
| Thursday | Tuesday |
| Friday | Tuesday |

Shipping charges will be billed to customer's FedEx account. We will need your FedEx account number.
All shipments are packed fully frozen with regular ice packs. **Pomegranate does not assume responsibility for damage/loss caused due to shipping.** We only ship with FedEx.

We can only ship domestically within U.S.
A handling fee of \$25 will apply per box

MAIN DISHES

CHICKEN

BBQ Tops (White Meat)
 BBQ Bottoms (Dark Meat)
 Stuffed Chicken Capon w/ Spinach
 Stuffed Chicken Capon w/ Mushroom
 Sesame Chicken

GRILLED CHICKEN CUTLETS

Plain Grilled Cutlets
 Garlic Grilled Cutlets
 Teriyaki Grilled Cutlets

GRILLED BONELESS BABY CHICKEN (DARK MEAT)

Plain Grilled Baby Chicken
 Pesto Grilled Baby Chicken
 Thai Chili Grilled Baby Chicken
 Plain Grilled Baby Skewers
 Baby Chicken Shawarma
 Mixed Grill (baby chicken & lamb)
 Chicken Meatballs

FRIED CHICKEN CUTLETS

Plain Breaded Cutlet \$21.99
 Baked Breaded Cutlet \$21.99
 Battered Cutlet \$21.99
 Spicy Southwestern Cutlet \$21.99
 Pretzel Crusted Cutlet \$21.99
 Southern Fried Chicken (Bone-in) \$21.99

CHICKEN NUGGETS

Plain Nuggets \$21.99
 BBQ Nuggets \$21.99
 Fire Popper Nuggets \$21.99

CHICKEN WINGS

Buffalo Wings \$21.99
 BBQ Wings \$21.99
 Thai Chili Wings \$21.99

CARVING

Fresh Turkey \$24.99
 Heimish Brisket \$29.99
 Honey Mustard Corned Beef \$29.99

FISH

Baked Salmon \$21.99
 Teriyaki Salmon \$23.99
 Garlic Dill Salmon \$23.99

BEEF

Kufta Kabob \$23.99
 Boneless Spare Ribs \$26.99
 Swedish Meatballs \$22.99
 Crispy Szechuan Beef \$24.99
 Stuffed Cabbage \$18.99

SIDE DISHES

STARCHES

White Rice
 Mushroom Rice
 Asian Rice
 White Wild Rice
 Brown Wild Rice
 Israeli Cous Cous

Winter Squash Quinoa
 Cabbage Noodles
 Kasha Varnishkas
 Roasted Potatoes
 Onion Mashed Potatoes

VEGETABLES

Garlic String Beans +\$2.00
 Grilled Portobello Mushrooms +\$2.00
 Garlic Broccoli
 Roasted Peppers
 Roasted Butternut Squash
 Roasted Garden Vegetables

Roasted Corn
 Grilled Zucchini
 Roasted Sweet Potatoes
 Grilled Eggplant
 Steamed Vegetables
 Popcorn Cauliflower

SOUPS \$9.99 per qt

*Packed for
 microwave only*

Beef Cabbage [M]
 Butternut Squash [P]
 Chicken (low sodium available) [M]
 Grandma's Chicken w/ veg, chicken & noodles \$12.99 [M]
 French Onion [P]
 Split Pea [M/E]
 Vegetable (low sodium available) [P]
 Zucchini & Roasted Garlic [P]

DAIRY

*All dairy items are packed individually in the sizes/qty shown below. These may
 not be served with any of our side dishes which are all made in meat equipment.*

Baked Ziti \$12.99
 Lasagna \$17.99
 Penne Vodka \$12.99
 Adult Mac N' Cheese \$12.99 6 HR CHEESE
 Fettucini Alfredo \$12.99 6 HR CHEESE
 Eggplant Parmesan \$17.99 6 HR CHEESE

Eggplant Rollatini 4pcs \$13.99
 6 HR CHEESE
 Cheese Blintzes 6pcs \$13.99
 PLAIN/TRIPLE CHOCOLATE

[M] = Meat
 [M/E] = Meat Equipment
 [P] = Pareve

All Items are Subject to Availability