



Travel Meal Menu

All meals can be frozen and double wrapped for **MICROWAVE** or **OVEN** use, sealed with Kosher tape and labeled with contents and heating instructions. **REQUIRES 4 DAYS NOTICE.**
(We do not pack meals on Thursday/Friday).

PLACING YOUR ORDER(S) IS SIMPLE AND EASY:

1. Choose your menu from the list below
2. E-mail us your choices in the following format:

Meat Meals:

Note: Meal prices include 2 side dishes, unless marked otherwise

QTY		MAIN DISH		SIDE 1		SIDE 2
QTY		MAIN DISH		SIDE 1		SIDE 2

Daily Meals

Note: These items are sold individually; side dishes are not available for these dishes

QTY		ITEM
QTY		ITEM

3. Along with your order, please e-mail us the following information:

- Full Name & Phone Number
- Date order is to be picked up or delivered
- Method of delivery: pick-up, local delivery (Brooklyn/Manhattan) or FedEx domestic shipping.
***We only ship within the USA. We do not ship to Puerto Rico & Hawaii.**
- Packaged for heating in a microwave or oven?
- Insulated box with ice packs (\$15 fee)
- Airline/FedEx ready \$25 per box (includes plastic wrap, icebox, and ice packs)
- Credit card number, expiration date and security code
- Billing Information for credit card

All orders need to be placed by 2pm on the following deadlines

Order Placed	Earliest Pickup
Sunday	Wednesday
Monday	Thursday
Tuesday	Friday
Wednesday	Monday
Thursday	Tuesday
Friday	Tuesday

Shipping charges will be billed to customer's FedEx account. We will need your FedEx account number. All shipments are packed fully frozen with regular ice packs. Pomegranate does not assume responsibility for damage/loss caused due to shipping. **We only ship with FedEx.**

MAIN DISHES

CHICKEN

BBQ Tops (White Meat)	\$20.99
BBQ Bottoms (Dark Meat)	\$20.99
Stuffed Chicken Capon w/ Spinach	\$23.99
Stuffed Chicken Capon w/ Mushroom	\$23.99
Stuffed Chicken Capon w/ Pastrami Quinoa	\$23.99
Stuffed Chicken Capon w/ Truffle Brioche	\$23.99
General Tso's Chicken	\$23.99
Sesame Chicken	\$23.99
Chicken Marsala (Thursday/Friday)	\$23.99
Savory Chicken Meatball	\$23.99
Veal Marsala	\$44.99

GRILLED CHICKEN CUTLETS

Plain Grilled Cutlets	\$23.99
Garlic Grilled Cutlets	\$23.99
Teriyaki Grilled Cutlets	\$23.99

GRILLED BONELESS BABY CHICKEN (DARK MEAT)

Plain Grilled Baby Chicken	\$25.99
Pesto Grilled Baby Chicken	\$25.99
Thai Chili Grilled Baby Chicken	\$25.99
Plain Grilled Baby Skewers	\$25.99
Baby Chicken Shawarma	\$25.99

FRIED CHICKEN CUTLETS

Plain Breaded Cutlet	\$23.99
Baked Breaded Cutlet	\$23.99
Battered Cutlet	\$23.99
Spicy Southwestern Cutlet	\$23.99
Savory Crusted Cutlet	\$23.99
Southern Fried Chicken (Bone-in)	\$23.99
Pretzel Crusted Cutlet	\$23.99

CHICKEN NUGGETS

Plain Nuggets	\$24.99
BBQ Nuggets	\$24.99
Fire Popper Nuggets	\$24.99
Garlic Dill Nuggets	\$24.99
Southern Fried Nuggets	\$24.99
Thai Chili Nuggets	\$24.99

CHICKEN WINGS

Grilled Wings	\$21.99
Buffalo Wings	\$21.99
BBQ Wings	\$21.99
Thai Chili Wings	\$21.99

CARVING

Heimish Brisket	\$34.99
Honey Mustard Corned Beef	\$34.99
Hot Pastrami (Thursday/Friday)	\$34.99
Fresh Turkey	\$29.99

FISH

Baked Salmon	\$24.99
Teriyaki Salmon	\$24.99
Garlic Dill Salmon	\$24.99
Moroccan Tilapia	\$24.99

BEEF

Kufta Kabob	\$23.99
Sino Steak Fillet	\$34.99
Boneless Spare Ribs	\$29.99
Swedish Meatballs	\$24.99
Crispy Szechuan Beef	\$24.99
Stuffed Cabbage	\$23.99

SIDE DISHES

STARCHES

White Rice	
Rice w/ Cranberries & Almonds	
Mushroom Rice	
Brown Wild Rice	
Asian Rice	
Israeli Cous Cous	
Quinoa w/ Merguez & Corn	+\$2.00
Winter Squash Quinoa	
Brussel Sprouts w/ Smoked Veal	
	+\$2.00

Cabbage Noodles
Kasha Varnishkas
Roasted Potatoes
Onion Mashed Potatoes
Sweet Potato Mash

VEGETABLES

Steamed Vegetables	
Roasted Garden Vegetables	
Popcorn Cauliflower	
Garlic Broccoli	
Garlic String Beans	+\$2.00
Grilled Portobello Mushrooms	+\$2.00
Roasted Peppers	
Grilled Butternut Squash	
Butternut Squash w/ Savory Granola	

Roasted Corn
Grilled Zucchini
Southwestern Sweet Potatoes
Grilled Eggplant
Herb Roasted Mushrooms

DAIRY

All dairy items are packed individually in the sizes/qty shown below.

These may not be served with any of our side dishes which are all made in meat equipment.

Baked Ziti	\$12.99
Lasagna	\$17.99
Penne Vodka	\$12.99
Adult Mac N' Cheese	\$12.99 6 HR CHEESE
Fettucini Alfredo	\$12.99 6 HR CHEESE
Eggplant Parmesan	\$17.99 6 HR CHEESE

Eggplant Rollatini 4pcs	\$13.99
6 HR CHEESE	
Cheese Blintzes 6pcs	\$13.99
PLAIN/TRIPLE CHOCOLATE	

All Items are Subject to Availability