



# Pomegranate Travel Meal Menu/Order Form

All meals can be frozen and double wrapped for **MICROWAVE** or **OVEN** use, sealed with Kosher tape and labeled with contents and heating instructions. **REQUIRES 4 DAYS NOTICE.**  
(We do not pack meals on Thursday/Friday).

To place your order e-mail: [deli@thepompeople.com](mailto:deli@thepompeople.com)

## PLACING YOUR ORDER(S) IS SIMPLE AND EASY:

1. Fill out the information below:

### Personal Info

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_  
 Phone \_\_\_\_\_  
 E-mail \_\_\_\_\_

### Payment

cash    cc    check    O/A  
 CC # \_\_\_\_\_  
 Exp Date \_\_\_\_\_ ccv \_\_\_\_\_

### Delivery & Packaging

Method of Delivery  
 pick-up    local delivery    FedEx  
 Date \_\_\_\_\_  
 Time \_\_\_\_\_  
 FedEx Account # \_\_\_\_\_  
 same as personal  
 Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_  
 Phone \_\_\_\_\_

Order taken by \_\_\_\_\_  
 Order received by \_\_\_\_\_ via \_\_\_\_\_  
 Special Info \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 Packaging (for heating)    microwave    oven  
 Insulated Box w/ Ice Packs? (\$15 fee)  Yes    No  
 Airline/FedEx ready? (\$25/box)    Yes    No  
 (includes plastic wrap, icebox & ice packs)  
 send copy of receipt

2. Choose your menu from the list on the back

3. E-mail [deli@thepompeople.com](mailto:deli@thepompeople.com) your choices in the following format:

#### Meat Meals:

*Note: Meal prices include 2 side dishes, unless marked otherwise*

QTY | MAIN DISH | SIDE 1 | SIDE 2  
 QTY | MAIN DISH | SIDE 1 | SIDE 2

#### Dairy Meals

*Note: These items are sold individually; side dishes are not available for these dishes*

QTY | ITEM  
 QTY | ITEM

**All orders need to be placed by 2pm on the following deadlines**

Order Placed	Earliest Pickup
Sunday	Wednesday
Monday	Thursday
Tuesday	Friday
Wednesday	Monday
Thursday	Tuesday
Friday	Tuesday

Shipping charges will be billed to customer's FedEx account. We will need your FedEx account number.  
 All shipments are packed fully frozen with regular ice packs. Pomegranate does not assume responsibility for damage/loss caused due to shipping. **We only ship within the USA.**  
**We do NOT ship to Puerto Rico & Hawaii. We only ship with FedEx.**

# MAIN DISHES

## CHICKEN

BBQ Tops (White Meat)	\$20.99
BBQ Bottoms (Dark Meat)	\$20.99
Stuffed Chicken Capon w/ Mushroom	\$23.99
Stuffed Chicken Capon w/ Pastrami Quinoa	\$23.99
General Tso's Chicken	\$23.99
Sesame Chicken	\$23.99
Truffle Chicken Meatball	\$23.99

## GRILLED CHICKEN CUTLETS

Plain Grilled Cutlets	\$23.99
Teriyaki Grilled Cutlets	\$23.99

## GRILLED BONELESS BABY CHICKEN (DARK MEAT)

Plain Grilled Baby Chicken	\$25.99
Pesto Grilled Baby Chicken	\$25.99
Thai Chili Grilled Baby Chicken	\$25.99
Plain Grilled Baby Skewers	\$25.99
Baby Chicken Shawarma	\$25.99

## FRIED CHICKEN CUTLETS

Plain Breaded Cutlet	\$23.99
Baked Breaded Cutlet	\$23.99
Battered Cutlet	\$23.99
Spicy Southwestern Cutlet	\$23.99
Southern Fried Chicken (Bone-in)	\$23.99
Pretzel Crusted Cutlet	\$23.99

## CHICKEN NUGGETS

Plain Nuggets	\$24.99
BBQ Nuggets	\$24.99
Fire Popper Nuggets	\$24.99
Southern Fried Nuggets	\$24.99

## CHICKEN WINGS

Grilled Wings	\$21.99
Buffalo Wings	\$21.99
BBQ Wings	\$21.99
Thai Chili Wings	\$21.99

## CARVING

Heimish Brisket in Gravy	\$34.99
Honey Mustard Corned Beef	\$34.99
Fresh Turkey	\$29.99

## FISH

Baked Salmon	\$24.99
Teriyaki Salmon	\$24.99
Garlic Dill Salmon	\$24.99
Pan Roasted Salmon (Orange Glaze)	\$25.99

## BEEF

Kufta Kabob	\$23.99
Sino Steak Fillet	\$34.99
Boneless Spare Ribs	\$29.99
Swedish Meatballs	\$24.99
Crispy Szechuan Beef	\$24.99
Stuffed Cabbage	\$23.99

# SIDE DISHES

## STARCHES

White Rice	Cabbage Noodles
Rice w/ Cranberries & Almonds	Kasha Varnishkas
Mushroom Rice	Herb Roasted Potatoes
Brown Wild Rice	Onion Mashed Potatoes
Asian Rice w/ Charred Cabbage	Sweet Potato Mash
Israeli Cous Cous	
Summer Corn Quinoa	
Brussel Sprouts w/ Smoked Veal	

## VEGETABLES

Steamed Vegetables	Roasted Corn
Roasted Garden Vegetables	Grilled Zucchini
Popcorn Cauliflower	Grilled Eggplant
Garlic Broccoli	Herb Roasted Mushrooms
Garlic String Beans	Smoked Summer Corn Salad
Grilled Portobello Mushrooms	
Roasted Peppers	
Grilled Butternut Squash	
Butternut Squash w/ Savory Granola	

## DAIRY

All dairy items are packed individually in the sizes/qty shown below.

These may not be served with any of our side dishes which are all made in meat equipment.

Baked Ziti	\$12.99
Lasagna	\$17.99
Penne Vodka	\$12.99
Adult Mac N' Cheese	\$12.99 6 HR CHEESE
Fettucini Alfredo	\$12.99 6 HR CHEESE
Eggplant Parmesan	\$17.99 6 HR CHEESE

Eggplant Rollatini 4 pcs \$13.99  
6 HR CHEESE

Cheese Blintzes 6 pcs \$14.99  
PLAIN/TRIPLE CHOCOLATE

## PAREVE

Potato Blintzes 6 pcs	\$13.99
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All Items are Subject to Availability